
















TENA Product Selection



To select the TENA product best suited to you, refer first to the Mobility row ①, then the Leakage section ④. Use the Gender and Style rows to find the best solution. For TENA Pants, Flex or Slip products see overleaf for the TENA Sizing Guide.

Call **TENA Customer Service** on 0800 443 068 for further assistance.

To purchase visit capesmedical.co.nz or call 0800 18 19 19.

① Mobility	ACTIVE Mobile/Active Minor leakage	Mobile/Active Minor to moderate leakage	Mobile/Active Men	Mobile/Weight bearing	Mobile/Weight bearing – requiring some assistance	LIMITED MOBILITY Mobile/Weight bearing or Non mobile – Partial or full assistance		Non mobile/Non weight bearing – Full assistance
② Style	 Liners	 Pads	 Men	 Pants	 Comfort	 Flex	 Slip	
③ Gender	 Female	 Female	 Male	 Unisex	 Unisex	 Unisex	 Unisex	 Unisex
④ Urine leakage (8 hours)								
Minor <250mls ●●●●●●●● to ●●●●●●●●	Liners - Standard - Long - Extra Long	Pads - UTM Standard - Mini Plus Long	Men - Protective Shield - Level 1					
Light 250 - 500mls ●●●●●●●● to ●●●●●●●●		Pads - Extra Standard - Extra Long Length - InstaDRY Standard	Men - Level 2 - Level 3					
Light - Moderate 500 - 750mls ●●●●●●●● to ●●●●●●●●		Pads - InstaDRY Long Length - Super	Men - Level 4	Pants - Discreet (M,L) - Discreet Creme (M,L) Pants - Men Level 4 (M,L) - Creme Men Active Fit - Navy (M,L) Pants - Normal (M,L, XL)	Comfort - Normal			
Moderate 750 - 1300mls ●●●●●●●● to ●●●●●●●●				Pants - Plus (S,M,L,XL,XXL) - Super (M,L,XL)	Comfort - Plus - Extra	Flex - Plus (S,M,L,XL)	Slip - Plus (XS,S,M,L)	
Moderate – Heavy 1300 - 2000mls ●●●●●●●●				Pants - Maxi (M,L)	Comfort - Super	Flex - Super (S,M,L,XL)	Slip - Super (S,M,L)	
Heavy 2000mls - 2500mls ●●●●●●●●					Comfort - Maxi	Flex - Maxi (S,M,L,XL)	Slip - Maxi (S,M,L)	
Heavy Plus > 2500mls ●●●●●●●●					Comfort - Ultima	Flex - Ultima (S,M,L,XL)		
Faecal smearing	Duo			Use TENA Duo within Pants, Comfort, Flex or Slip				
Faecal incontinence						Use TENA Pants, Comfort, Slip or Flex for full containment		

TENA Sizing Guide

Women	Dress Size	Men	Pants Size
Extra Small	6-10	Extra Small	24-28
Small	8-12	Small	28-32
Medium	12-14	Medium	32-38
Large	14-18	Large	38-42
Extra Large	18-22	Extra Large	42-46
XXL	22-26	XXL	46-50
3XL	26+	3XL	50+

Colour | Absorbency

- Normal – Light absorbency
- Plus – Light to moderate absorbency
- Extra – Moderate absorbency
- Super – Moderate to higher absorbency
- Maxi – Higher absorbency
- Ultima – Highest absorbency

TENA Skincare

Healthy skin is vital to quality of life and preventative skin care increases individual comfort, produces better care outcomes and benefits.

BODY



In the shower

TENA Shampoo and Shower

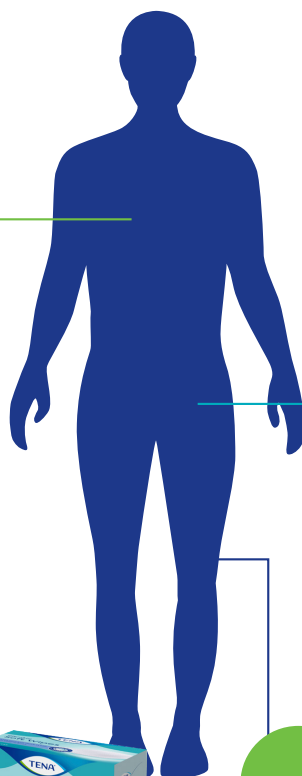
Conditioning and anti-static properties plus Provitamin B5 leaves hair manageable and easy to comb. pH balanced, dermatologically tested, and mild for fragile, delicate skin.



Twice daily

TENA Body Lotion

Restores natural moisture balance of dry and sensitive skin. Leaves skin with a protective layer. Includes Vitamin E which protects fragile skin. Proven to reduce skin tears.²



TENA Wet Wipes

Mild and soap-free. A convenient alternative to soap and water that leaves skin moisturised.



TENA Barrier Cream

Includes Vitamin E which protects fragile skin from irritants, urine, faeces and sweat. Use on pressure points and bony prominences to prevent skin breakdown.



Daily

TENA Wash Cream & Soft Wipes

Mild, pH balanced and soap free protecting effect and maintains skin integrity better than soap and water.¹

¹ Begg et al. Non-rinse skin cleansers, May 2016
² Carville, Leslie, Osseiran-Moisson, Newall, Lewin. The effectiveness of a twice-daily skin-moisturising regimen, International Wound Journal.

Range	Product	Article no.	Colour Range	Size Volume	Packaging	Units per Case
TENA Skin Care						
	Wash Cream	4242	● 3-in-1	500mL	Pump bottle	10
	Wet Wipes	2310915	● 3-in-1	20x30cm 50pcs	Soft pack with click-top lid	10
	Soft Wipe	740700	● Cleanse	19x30cm 135pcs	Dispenser box	8
	Shampoo & Shower	1207	● Cleanse	500mL	Pump bottle	10
	Body Lotion	1115	● Restore	500mL	Pump bottle	10
	Barrier Cream	6503	● Protect	150mL	Tube	10