

PRESENTED BY
CONTINENCE NURSE
LISA SMITH



TOILET TACTICS FOR OUR TAMARIKI

Free Online Training held at 7pm for 1hr on the following dates:

[WED 9 AUGUST - HEALTHY BOWELS AND BLADDER](#)

[WED 23 AUGUST - TOILET TRAINING](#)

[WED 6 SEPTEMBER - CONSTIPATION](#)

[WED 20 SEPTEMBER - BEDWETTING](#)

[WED 4 OCTOBER - DAYTIME WETTING](#)

[WED 18 OCTOBER - STOOL WITHHOLDING AND TIPS FOR DITCHING THE NAPPY](#)

[WED 1 NOVEMBER - TOILETING ISSUES FOR CHILDREN WITH ADDITIONAL NEEDS](#)

Click on the sessions above for the Zoom registration links.

Lisa Smith is a Paediatric Nurse with over 35 years experience working with children and young people. She has specialised in bowel and bladder issues in tamariki for the past 17 years.

Free Continence Helpline: 0800 650 659
Or visit: www.continence.org.nz